**Tryouts:** February 27th – March 1st

Each day will incorporate running, passing, dribbling, shooting, and a scrimmage.

We will start PROMPTLY at 3:30pm and end around 5:30/5:45pm. Those trying out for goalie may stay even later.

**Equipment:**

There will be random equipment checks throughout the season. If any person is missing any of the items listed below, there will be consequences for the entire team.

1. Cleats
2. Flats (running/training shoes)
3. Shin guards
4. Socks
5. Shorts
6. Pants
7. T-shirt (with sleeves)
8. Jacket/sweatshirt/long-sleeve
9. Bag
10. Water
11. Ball – Optional but encouraged

**Practice schedule:**

Practice begins PROMPTLY at the specified time. This means that the team is warmed up, proper gear is on, and we are ready to begin. There will be a consequence for every single minute the coaches have to wait for players. If it is a single player consistently not ready, that player will be considered tardy to practice.

Monday – Thursday: 3:30pm – 5:30pm

Friday: 1:00pm – 3:00pm (if there is a Saturday game, practice will be held from 3:00pm to 5:00pm)

Saturday: We will have occasional Saturday practices. Times will vary, but will be in the morning when they occur.

There will be practices over Spring Break. Plan ahead. Not showing up to these practices unexcused counts toward your total of unexcused absences on the season. If you are excused, it still may affect your status on the team in regards to playing time.

**Absences/Tardies:**

If you are going to be gone for a practice, coaches must be informed at LEAST 24 hours in advance. Anything after that will be considered unexcused. Coaches also have the right to determine whether or not an excuse is valid. Just because you let us know, does not mean it is excused (ex: shopping with mom doesn’t count).

After three (3) unexcused absences from practice, you will be removed from the team.

After eight (8) unexcused tardies, you will be removed from the team.

Attendance will be taken daily.

**Mission Statement/Goals:**

The mission of Pueblo East Girls Soccer Program is to educate student-athletes on the game of soccer while furthering their sportsmanship and teamwork skills.

Our goal as a program is to field a competitive high school program with aspirations to reach higher and work harder than our competition.

**Fees:**

$130 will be due by Friday, March 3rd in order to purchase warm-ups and backpacks for all varsity players who do not already have them ($100 for warm-up, $30 for backpack). Players will know which team they are on by Thursday, March 2nd.

\*\*\*If there are any issues with team fees, please talk to Coach Ditkof or Coach Gibson. These fees are to pay for the team, but by no means are meant to discourage players from participating.

**Away Games:**

On days where a bus is needed for an away game, please be courteous and punctual by arriving at the school on time after the game. Players will call or text about 15 minutes prior to arrival.

There will be times where the team stops to eat after a game. Please be sure your player has around $10 to pay for her meal *or* a sacked dinner.

**Players must return from away games ON THE BUS. Parents are not allowed to take players home from away games.**

**Eligibility:**

All players must be passing ALL of their classes by the end of each week during the season. If a player is failing a class by the end of the week, she will be put on probation. If she continues to fail for a second consecutive week, she will be deemed ineligible to play. If a player is ineligible for 3 weeks at any point throughout the season, she will be removed from the team.

**Important Dates:**

Clearing Date: Wednesday, February 21st at 2:50pm at East High School’s Activities Office

Cookie Dough Kickoff: Saturday, March 4th at 9:00-10:00am at East High School Room 16

Cookie Dough Blitz (Finale): Saturday, March 18th at 9:00-1:00pm at East High School Room 16

Cookie Dough Delivery: Wednesday, March 27th after school at East High School Room 16

Senior Night: Tuesday, May 2nd at 7:00pm at Dutch Clark Stadium against South High School.

End of the Season Banquet: To Be Determined, I will let you know as soon as it has been determined.

**Contact information:**

Coach Mark Ditkof:

Phone: 719-253-6240

Email: [mark.ditkof@pueblocityschools.us](mailto:mark.ditkof@pueblocityschools.us)

Coach Jeff Gibson:

Email: [arthur.gibson@pueblocityschools.us](mailto:arthur.gibson@pueblocityschools.us)

**Ways to keep up with the team:**

[www.facebook.com/puebloeastsoccer](http://www.facebook.com/puebloeastsoccer) for all posts and updates regarding the team

[www.southcentralco.org](http://www.southcentralco.org) for up to date schedules

[www.maxpreps.com](http://www.maxpreps.com) and search Pueblo East for game scores and player stats

<http://ditkofmath.weebly.com/girls-soccer.html> for handouts

In order to receive all text messages that are sent out to the girls that include reminders, time/date changes, etc.

Text: 81010

Message: @ditkofsocc

\*Normal text message rates apply.

**Notes:**

\*\*Everything on this document is subject to change throughout the season at coaches’ discretion.